

# Morning Prayer and Reading

## Call to Worship

**Hear the Lord's call to you.**

Come, everyone who thirsts,  
come to the waters;  
and he who has no money,  
come, buy and eat!  
Come, buy wine and milk  
without money and without price.  
Why do you spend your money for that which is not bread,  
and your labor for that which does not satisfy?  
Listen diligently to me, and eat what is good,  
and delight yourselves in rich food.

*Isaiah 55:1–2*

## Adoration

**Express your love for the Lord.**

O God, you are my God; earnestly I seek you;  
my soul thirsts for you;  
my flesh faints for you,  
as in a dry and weary land where there is no water.  
So I have looked upon you in the sanctuary,  
beholding your power and glory.  
Because your steadfast love is better than life,  
my lips will praise you.  
So I will bless you as long as I live;  
in your name I will lift up my hands.

*Psalms 63:1–4*

## Confession of Sin

**With the prayer below as a guide, confess your sins to God.**

O God, you know my folly;  
the wrongs I have done are not hidden from you.

*Psalms 69:5*

## Assurance of Pardon

**For all who are in Christ, our sins are fully and freely forgiven for his sake.**

Seek the LORD while he may be found;  
call upon him while he is near;  
let the wicked forsake his way,  
and the unrighteous man his thoughts;  
let him return to the LORD, that he may have compassion on him,  
and to our God, for he will abundantly pardon.  
For my thoughts are not your thoughts,  
neither are your ways my ways, declares the LORD.  
For as the heavens are higher than the earth,  
so are my ways higher than your ways  
and my thoughts than your thoughts.

*Isaiah 55:6–9*

## Prayer for Illumination

Open my eyes, that I may behold  
wondrous things out of your law.

*Psalms 119:18*

## Scripture Reading

Day 1 — 2 Timothy 3:1–17

Day 2 — Luke 24:13–49

Day 3 — Psalm 19

Day 4 — Matthew 4:1–11

Day 5 — John 5:39; 2 Peter 1:16–21

## Reflection

**Choose a portion from the reading and spend time meditating on truths you just read.**

What is true about God? What is true about God's Word? What is true about you because you are in Christ? What difference should that make in your life?

## Catechism

**Remember who you are and where your hope lies.**

What is the gospel?

The gospel is the good news of Christ's victory over sin, death, and the devil through his righteous life, atoning death, victorious resurrection, present reign, and imminent return. Through faith in him we are saved from God's wrath, forgiven of our sins, made new creations, adopted as sons and daughters, and kept for eternity.

*Trinity Catechism, Question 37*

## Petition

**Pray the Lord's Prayer, aligning your priorities with his.**

Our Father in heaven,  
hallowed be your name.  
Your kingdom come,  
your will be done,  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our debts,  
as we also have forgiven our debtors.  
And lead us not into temptation,  
but deliver us from evil.  
For Yours is the kingdom and the power and the glory forever. Amen.

*Matthew 6:9–13*

**Bring your petitions to him, requests for his glory, for your needs, and for others.**

## Benediction

**Go out into the day in the Lord's blessing and power.**

To this end we always pray for you, that our God may make you worthy of his calling and may fulfill every resolve for good and every work of faith by his power, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ.

*2 Thessalonians 1:11–12*

# Evening Prayer and Reflection

## Call to Worship

**Prepare to give the Lord the glory he is due.**

Come, bless the LORD, all you servants of the LORD,  
who stand by night in the house of the LORD!  
Lift up your hands to the holy place  
and bless the LORD!  
May the LORD bless you from Zion,  
he who made heaven and earth!

*Psalm 134*

## Confession of Sin

**As you reflect on the day, confess the ways you have sinned against God and others.**

Out of the depths I cry to you, O LORD!  
O Lord, hear my voice!  
Let your ears be attentive  
to the voice of my pleas for mercy!  
If you, O LORD, should mark iniquities,  
O Lord, who could stand?  
But with you there is forgiveness,  
that you may be feared.

*Psalm 130:1–4*

## Assurance of Pardon

**Hear the Lord saying your sins are forgiven.**

O Israel, hope in the LORD!  
For with the LORD there is steadfast love,  
and with him is plentiful redemption.  
And he will redeem Israel  
from all his iniquities.

*Psalm 130:7–8*

## Gratitude

**As you reflect on the day, thank God for three things.**

Oh give thanks to the LORD; call upon his name;  
make known his deeds among the peoples!  
Sing to him, sing praises to him;  
tell of all his wondrous works!  
Glory in his holy name;  
let the hearts of those who seek the LORD rejoice!  
Seek the LORD and his strength;  
seek his presence continually!  
Remember the wondrous works that he has done,  
his miracles, and the judgments he uttered,  
O offspring of Abraham, his servant,  
children of Jacob, his chosen ones!

*Psalm 105:1–6*

## Petition

**As you reflect on the day, bring your cares from the day to the Lord.**

But I call to God,  
and the LORD will save me.  
Evening and morning and at noon  
I utter my complaint and moan,  
and he hears my voice.

*Psalm 55:16–17*

## Rest in the Lord

**As you go to sleep, trust in the Lord who cares for you.**

Humble yourselves, therefore, under the mighty hand of God so that at the proper time he may exalt you, casting all your anxieties on him, because he cares for you.

*1 Peter 5:6–7*